

Physical Abilities Testing  
Appointment Form  
**SCHOOL BOARD OF BREVARD COUNTY**

Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Sending School/Department: \_\_\_\_\_

Please report to:

Merritt Island - **Select Physical Therapy** \_\_\_\_\_ **OR** Melbourne - **Ergonomics Plus** \_\_\_\_\_

for your appointment on: Date: \_\_\_\_\_ Day: \_\_\_\_\_  
Time: \_\_\_\_\_ am\_\_\_ pm\_\_\_

You will be tested for the following position:

To allow you to do your best, please follow these instructions:

1. Wear comfortable, loose fitting clothing (shorts or sweat suit if you prefer).
2. Wear comfortable, closed toed shoes (*i.e.*, athletic shoes).
3. Do not eat a heavy meal or drink caffeinated beverages such as coffee, tea, or colas for at least 2 hours before your appointment.
4. Do not smoke or chew tobacco for 1 hour before your appointment.
5. Do not drink alcohol for 8 hours prior to your test.
6. Avoid vigorous activity for several hours before your appointment.
7. Bring your driver's license or other form of photo ID with you.
8. Be prepared to provide a list of all medications taken within 24 hours prior to the test.
9. If you are currently taking any non-prescription cold or allergy medication, you should postpone testing until you have discontinued the medication for at least 24 hours.

**For Merritt Island**

150 North Sykes Creek Parkway, Suite 103  
Merritt Island, FL 32953  
(321) 459-0303

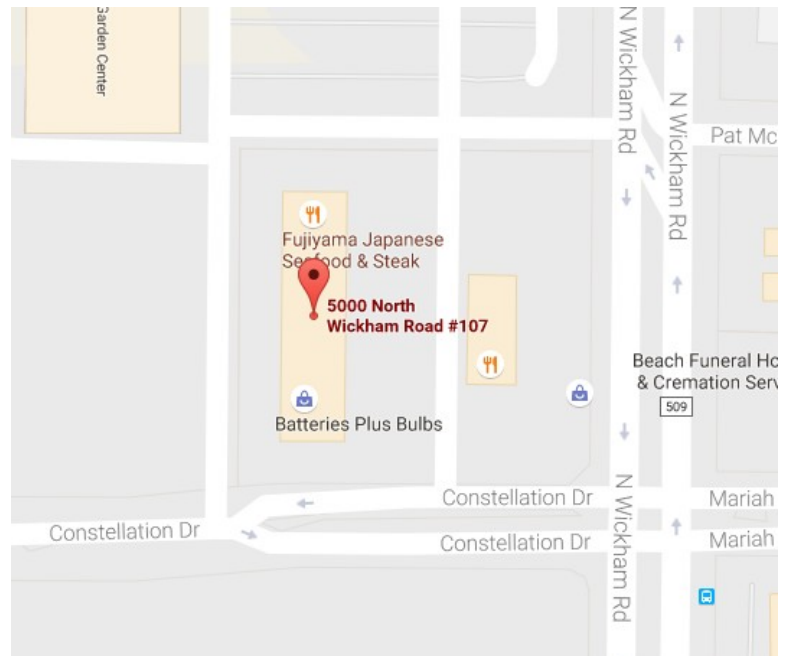
*The tall building behind Applebee's Restaurant*  
Check in with the Receptionist after entering



**For Melbourne**

5000 North Wickham Rd Suite 107  
Melbourne, FL 32940  
Hjoyce1@cfl.rr.com  
(321) 223-5844 - Heidi Joyce

*In front of Home Depot by Fujiama*



## **PRE-EMPLOYMENT PHYSICAL ABILITIES**

Custodians and Driver/Couriers hired by the Brevard County School Board will be required to undergo a pre-employment physical abilities examination. The School Board will pay the cost of this examination.

When a job offer is made to a candidate for either of these positions, the selected candidate must be sent for the physical abilities examination.

- The worksite designee must make an appointment for the candidate's examination. Melbourne Location -Please email Heidi Joyce at Ergonomics Plus, [hjoyce1@cfl.rr.com](mailto:hjoyce1@cfl.rr.com), and include the applicant's name and phone number. Also include any other pertinent information, i.e. language issues. She will call and schedule the applicant. An email will be sent to the worksite designee confirming the appointment time and date. If you need to follow up, you may contact her at (321) 223-5844. Merritt Island Location – Call (321) 459-0303 to schedule appointment.
- After the appointment has been made at one of the examination locations, complete the physical abilities testing appointment form (sample attached).
- Give this form to the candidate and notify Kendra Appleton via email, [Appleton.Kendra@brevardschools.org](mailto:Appleton.Kendra@brevardschools.org), in Human Resources with the name of the candidate.

Candidates who fail the first test cannot be retested. The applicant is barred from applying for a custodial position anywhere within the district for a 90-day period.

If you have a question, please contact your designated Support Employment Specialist in Human Resources.